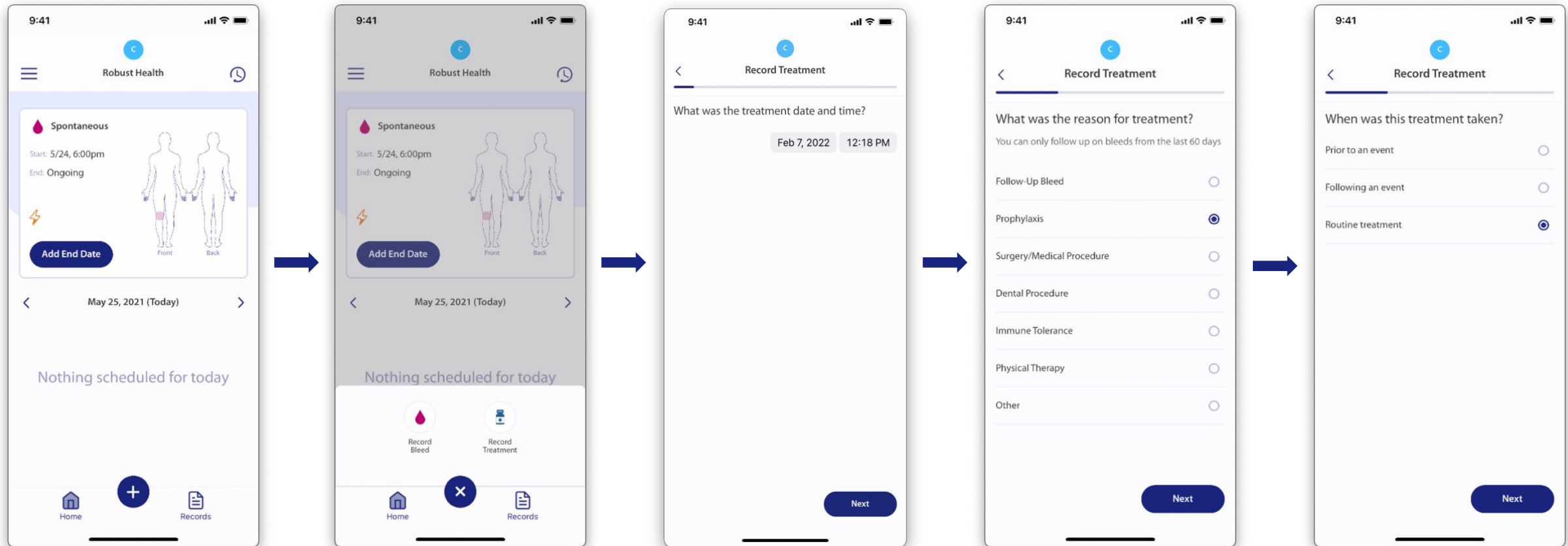


How to record a treatment in the Robust Health app.



1. Tap the "+" icon on your home page.

2. Tap **Record Treatment**.

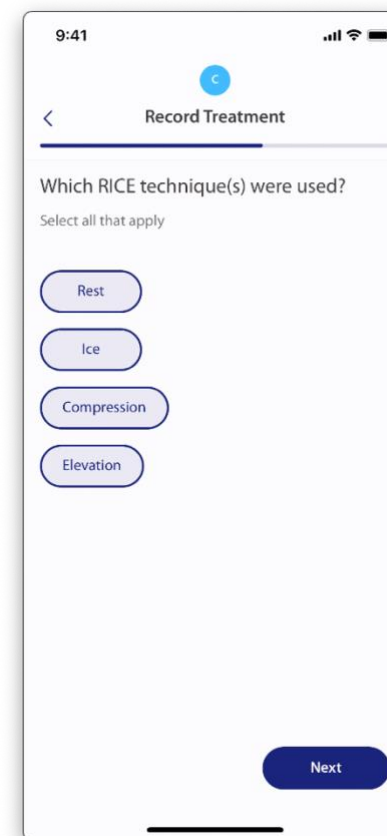
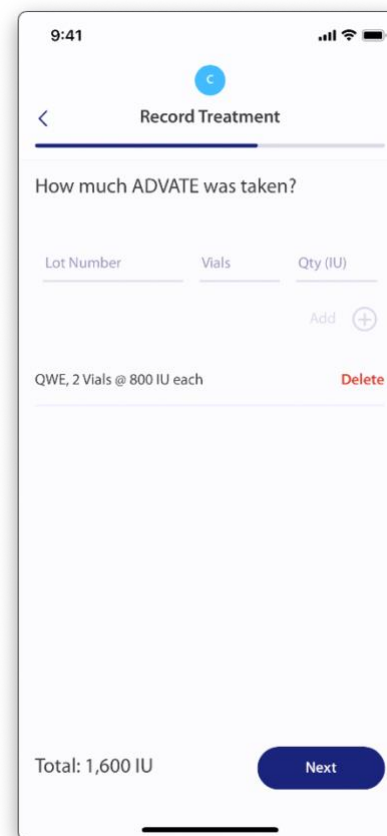
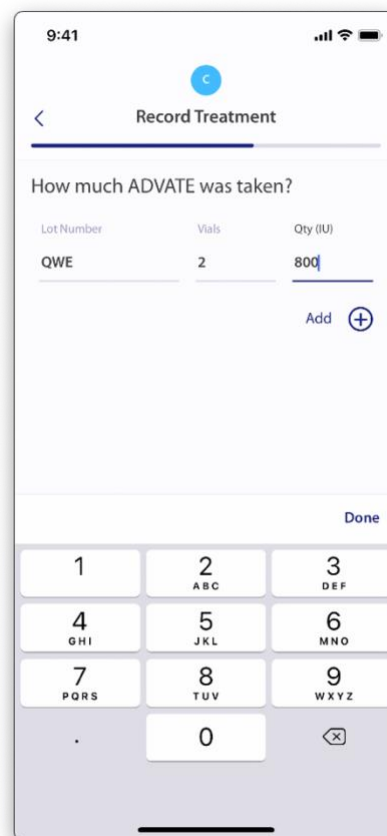
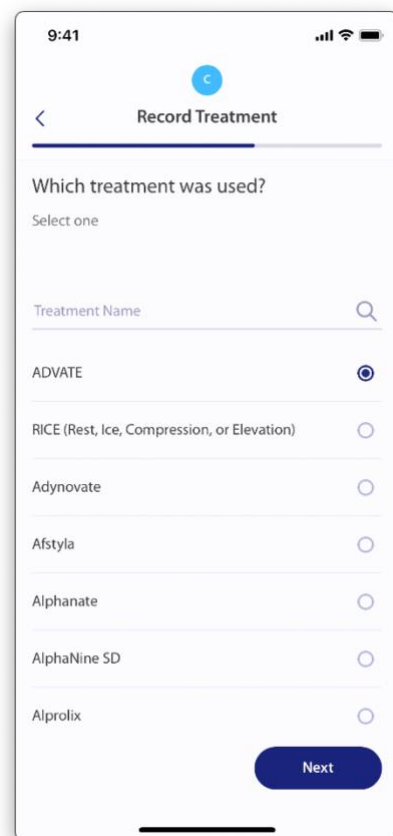
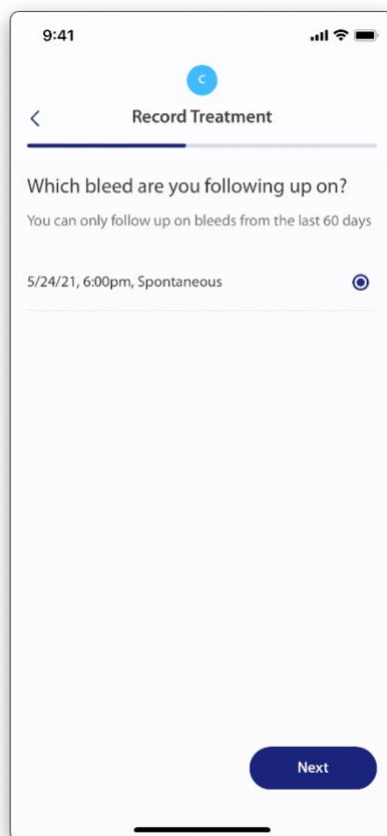
3. Select the treatment date and time from the date and time pickers, then tap **Next**.

4. Select the reason for treatment, then tap **Next**.

- If you select **Follow-Up Bleed**, skip to Step 6 in this document.
- If you select **Immune Tolerance** or **Other**, skip to Step 7 in this document.

5. Select when this treatment was taken, then tap **Next**.

Note: This question is only asked when the selected reason for treatment is set to something other than Follow-Up Bleed, Immune Tolerance, or Other.



- If treatment was taken for a **Follow-up Bleed**, select the bleed for which treatment was taken to help resolve the bleed.

Note: All bleeds without an end date that occurred during the last 60 days will appear in this list.

- Select the treatment used, then tap **Next**.
 - The screen is scrollable.
 - Previously recorded treatments will be displayed at the top of the list.

If you select **RICE**, skip to Step 10 in this document.

- Tap **Lot Number** and enter the associated medication lot. (Optional)
 - Previously entered lot numbers will be displayed and can be selected the next time you enter a treatment.

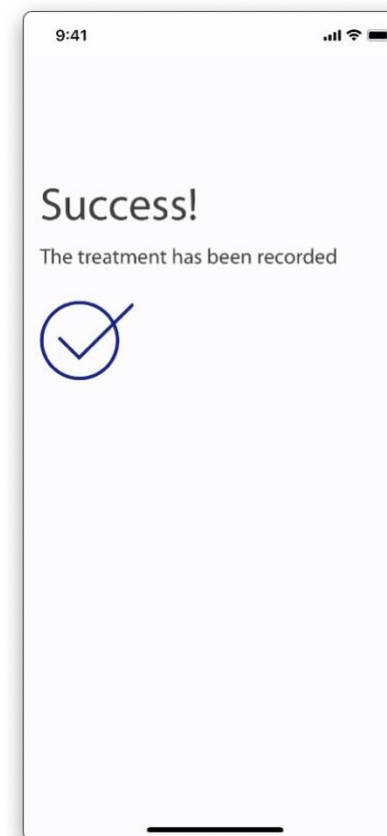
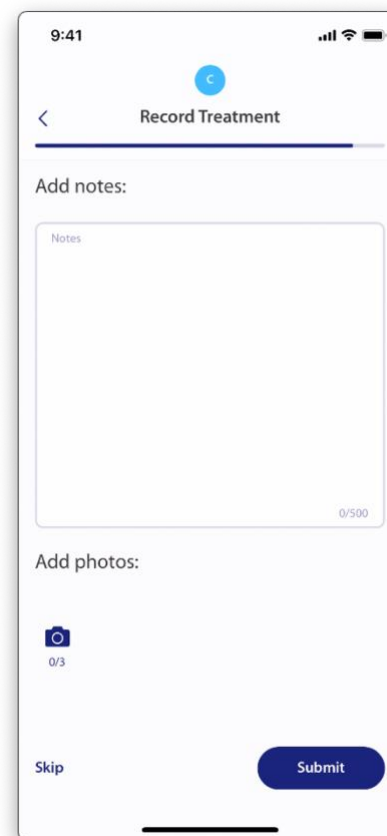
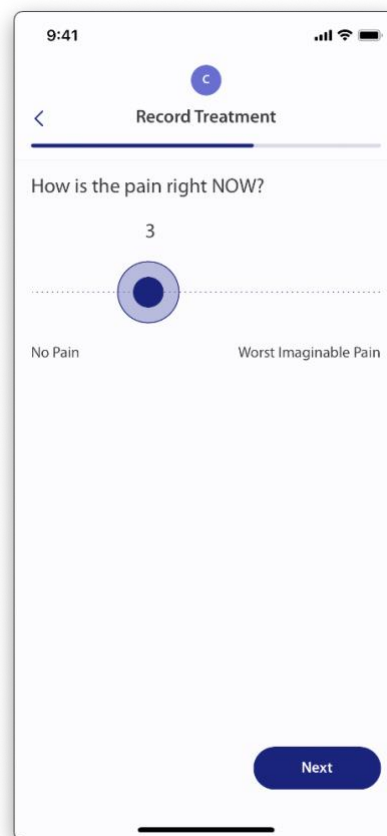
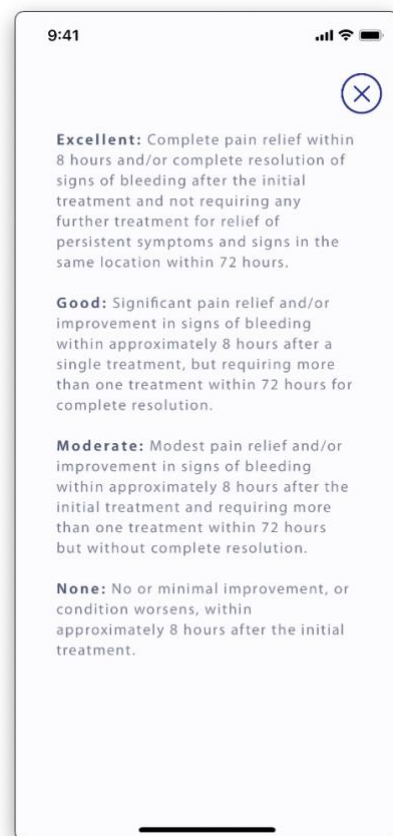
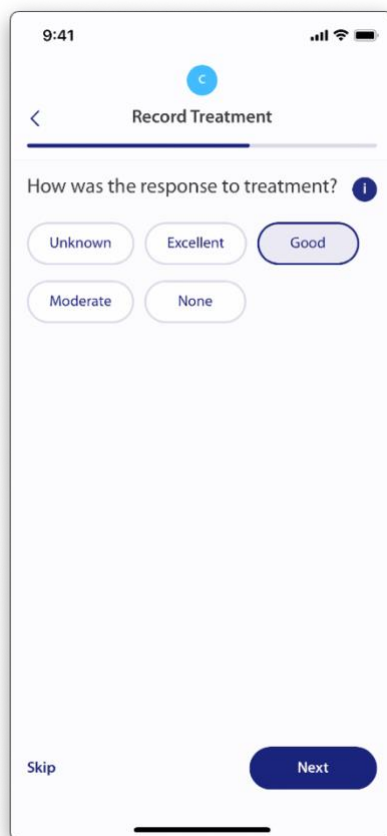
Enter the number of **Vials** or **Pills** taken.

- If the medication is disbursed in a vial, the label will show as "Vials".
- If the medication is disbursed as a pill, the label will show as "Pills".

Enter the **Quantity** of medication in each vial/pill, then tap **Add +**.

- Once added, the dosing details will display in the middle of the page.
 - The dosing you just entered can be deleted by tapping **Delete**.
 - Additional dosing details can be recorded by repeating the process in the previous step (Step 8).
 - The total dose amount will be displayed in the lower-left corner.
 - Tap **Next**.

- If **RICE** was selected for the treatment used (Step 7), indicate which RICE techniques were used, then tap **Next**.



11. Select the response to the treatment(s) given.
- The response will default to **Unknown** but can be changed by selecting one of the other options.
 - Tapping the **Information** icon will display a legend that defines each response type. (Step 12).

12. Tap “X” to return to the previous screen.

13. If you selected **Follow-Up Bleed** as the reason for treatment (Step 4), you will be asked to rate your pain.
- Using the sliding scale, rate the pain at the time the treatment record is entered, then tap **Next**.

Note: Skip to Step 14 in this document if the reason for treatment was something other than Follow-Up Bleed.

14. Notes and photos for this treatment can be entered here, if desired. Tapping **Submit** or **Skip** will save the treatment record.
- Up to 3 photos can be uploaded for each bleed record.

15. Once the treatment is saved, you will receive a **Success!** message and taken back to your **Home** page.